

DANCE for Life Newsletter

July/August 2009

Monthly

In an attempt to keep students informed and interested in the events and new classes starting @ DFLA, we have changed the newsletter format.

Please diarize and enroll for all upcoming events and new classes to avoid disappointment.

Please spread the newsletter to family and friends.

Studio closed for the following holidays

Monday 10TH August –Women’s Day 5 week month, so Monday students will still get their 4 lessons.

Socials/ Parties planned

31 July – Friday -SALSA Party - See details below!!!

01 August – Saturday –Hobo Party - See details below!!!

Upcoming in September – Spring Dance - details to follow!!!

Ballroom and Latin Group Classes for Beginners



**2 New 12 week courses
are starting on**

4th August -Tuesday’s 7.30

3rd August -Monday’s 6.30

BOOK NOW!!!!

Join us to learn the 4 Count Hustle, Square Rumba, Cha Cha, Tango, Mambo, Social Foxtrot (2 step/sokkie),and MORE....

Mondays or Tuesdays for 12 consecutive weeks. (3 months)

Cost is R950 per person 50% upfront secures your booking.

Paying a mere R100 per person extra will include 3 mini socials or Movie workshops nights till end 2009.

Hip Hop

on Saturdays

Street & Lyrical

with **Alice**

Age: ALL

16:00 to 17:15

R85 per lesson - Adhoc

*R300 per month

*members only

**Please confirm
participation by sms
Minimum of 4/class**

Non members:

R340 -4 lessons

R425 -5 lessons

SALSA Party Friday 31 July

Entrance R40.00/person. (members)
R80.00/person. (Non members)

***NB Pre book & pay to avoid disappointment !!..**

8.15pm onwards

Bring your own snacks, drinks and ice.

(JD & Angelika will do a demo).....



Salsa Dance
EVERY FRIDAY

Time: 19:00—20:00
Cost: R 300.00 per month
R 90 Drop in rate
* Members (R200 non members)
For more info contact:
JD: 079 557 9574
Andrew: 084 563 2622

SALSA

DANCE for Life Academy
2nd Floor, RB House 141 Greenway RD Greenside
www.danceforlife.co.za /info@danceforlife.co.za
Bookings by SMS only.

ALL normal scheduled lessons will continue till 8pm

Guests please arrive from 8pm –NO viewing ALLOWED

Salsa Courses

All Levels - 8 weeks

Starting 7TH August – Friday's 7-8pm



Cost per person is **R600.00** for 8 - 1 hour group lessons

Beginners I 7 - 8 pm (absolute beginners)
Beginners II 7 - 8 pm (little more than a beginner)

Intermediate 8 - 9 pm (If there are a minimum of 6 students).

This class will include everyone who has done Salsa before. New steps will be taught at each lesson accommodating everyone.

Quick Links

Web: www.danceforlife.co.za
E mail: info@danceforlife.co.za

Studio © 084 563 2622
Fax: 086 512 7870

Other dance sites:

www.dance.co.za

Banking Details

Dance for Life Academy
Standard Bank
Jan Smuts Branch
Br code: 00 4205
Acc No: 200624946

NB: NO CASH DEPOSITS!

Address

Studio 2: **MAIN Studio**

RB House, 2nd floor
141 Greenway Road,
Greenside

Studio 1:

Parkhurst Recreation Centre.
Cnr of 5th Avenue & 13th street,
Parkhurst

Johannesburg,
Gauteng
2193

Other contact Details

salsacrazy@mweb.co.za
danceforlifeacademy@mweb.co.za

Andrew © 082 923 8164

face book – Dance for Life Academy

Partner search

-16 year old girl
(Social dancing
–Wednesday's 6.30pm)

-12 & 22 year old girls
(Competitive Latin & Ballroom
-Thursday's 6-8pm)

Argentine Tango

Beginners I and II -8 weeks

**Will start once we have 3 couples
-Regrettably no singles**



Cost per person is **R650.00** for 8 weeks.

8-9 pm on a Thursday evenings.

Intermediate level on request.

NEW Teen Social DANCE class SPECIAL!

*** 12-17 year olds**

Tuesday's 5.30pm

Monday 7.30pm also possible. Enquire with Andrew.

**ENROLL NOW for Semester 3
(August to October) -12 sessions**

And pay only **R950/person** instead of R1100.

You save R150/person *** conditions below apply**

***Once off annual registration fee of
R80 /person is payable to qualify for social & Movie
workshop discounts.**

Teacher: Hein v Der Nest

Semester 3 STARTS August to October.

**Take full advantage of the LAST 3 months @ discounted rates.
Monthly rates will apply for November -ALL classes.
Pro rata fees will apply for December.
New rates from January 2010 will apply.**

Dancercise/Keep fit Cabaret Show class

Saturday's

Beginners – 8.30- 9.30am

Intermediates – 9.30-10.30am

**R110.00 drop in
R400 /month -members
R440 /month -non members**

We are lucky to have **Cindy** on board who has extensive Casino show work experience.

She is absolutely fabulous!!!!

Hope to see you ALL come try her classes.

Any style goes. Team dancers are paid for corporate shows booked.

Survey for a new classes

Pilates

Alice is looking to start a Pilates matt, level 1 class.

Please let us know which of the proposed day and time suits.

**Tuesday evenings (7 - 8pm)
Saturday mornings (8-9am)**

R85 per person drop in
R340 /month non members
R300 /month members

RSVP to: info@danceforlife.co.za

A minimum of 4-6 students
Required to make the class viable.

or Tap

Alice also teaches tap should anyone be interested in privates.

**Please enquire:
info@danceforlife.co.za**

Visitors or drop in student fees

All classes

We regret but all visitors or drop in students who do not Register with DANCE for LIFE Academy (DFLA), will NO longer qualify for the monthly discounted rates.

All social group class visitors, will be at the rate of

R 80 /person/hour –Studio 1 Parkhurst.

R100 /person/hour –Studio 2 Greenside.

Other dance styles e.g. SALSA, Dancercise, Cabaret, Hip Hop, Ballet etc relevant drop in fees apply.

Regards

DANCE for LIFE Management

Mini Socials

Every last Saturday of the month.

Movie Workshops

Every second Saturday of the month.

DFLA Members –**R50/person**

Non Members –**R80/person**

***NB: PRE BOOK & PAY.**

Minimum of 20 people.

Maximum of 30 people.

DANCE for LIFE Management Reserves the right of admission, and the right of cancelling of any event with prior notice.

Competition Results: 6th June 2009

Desmond Hopkins & Marina Beddow entered their 4th Latin and Ballroom (Standard) competition Congratulations.

All the best to the competitors for the July & August competitions entered.

3rd Place Adult Bronze Ballroom.

5th Place Viennese Waltz. 2nd time in this section.

That's all Folks,

See you on the Dance Floor ☺

The **DANCE** for LIFE Team



Studio 2



May 2009

Get family and friends to join your Socials, Movie workshops nights as this is how we generate funds to expand and upgrade your facilities.

Pass this e on to all on your mailing list!