

Greenside Studio 2

Proposed Class time table August *till October 2011*

Semester 3

RB House, 2nd Floor, 141 Greenway road, Greenside, 2193

Proposed classes

NEW Classes

Dance for Life Academy reserves the right to change or cancel classes, if required from time to time. All rights of admission reserved.

Some classes are NOT open to drop in visitors. Please enquire before attending or registering for classes.

Owner: Andrew De Freitas

Studio cell No: 084 563 2622

Studio web: www.danceforlife.co.za

Email address: info@danceforlife.co.za

Times	Monday	Tuesday	Wednesday	Thursday	Friday
07h00 - 17h30	Available for classes (Yoga)	Available for practice	Pilates -Matt level 1	Available for practice	Available for classes
17h30	General Dance Beginner -Tweens/Teens	Audition Preperation Solo Energy/Classic	Contemporary/Jazz Hip Hop to be advised	Competitive Dance *Other dances non status	Yoga tba Pilates tba
18h30	\$Gen Dance Adv/beginner	\$ Party/Social Intermed	A/Tango - Beginner	Bronze/Silver LA/BR Medal	Langarm Same Sex
19h30	Competitive Silver (Private)	\$ Gen Dance Beginner	A/Tango - Improovers	SALSA Fusion FUN	Privates
20h15	Open for Privates	Privates (Single/couples)	Privates (Single/couples)		Private parties
21h15	Open for Privates	Open for Privates	Open for Privates	Open for Privates	Function Hire

* **Other** = competitive fun dances: e.g. Samba, Rumba, Paso Doble, Viennese Waltz, Sokkie, Rock 'n Roll etc. **NON status dances. i.e. no points**

\$ **General Dance -Party/Social/Latin/Ballroom, i.e. latest popular party dances**

Futue classes tba (to be advised)

Times	Saturday	
08h00	Dancersize -Beginner Cabaret/Keep fit class	Anything goes: Contemporary, Modern, Hip Hop, Jazz, Freestyle, Dance Fusion etc...
09h00	Hip Hop All styles	Solo Energy/Classic Lyrical, Funk, Breakdance, Quito, Krump, B Boy B Girl, music video etc...
10h00	ZUMBA	Show Preperation Combiation of fitness, dances (AS ABOVE & more) & Matrtial arts.
16h00	Argentine Tango Level 1 or 2, group 2	Total beginners

18h00	Every 2nd Saturday of the month: Dance movie & Workshop night ^	Cover charge applies, visitors welcome. #
19h30	Every Last Saturday of the month: Social dancing -All styles ^	Cover charge applies, visitors welcome. #

^ Check our web site for details

NB: Booking essential.

Studio 1@2 available for hire, small dance workshops or private parties. Tables, chairs, party planner and caterer available.

20/12/2010 Rev 0